

I am the living bread that came down rom heaven. If a man eats of this bread, e will live forever.

This bread is my flesh, hich I will give for the life of the world."

nless you eat the flesh of the Son of Man nd drink his blood, you have no life in

54Whoever eats my flesh and drinks ny blood has eternal life, and I will raise im up at the last day.

real tood and my blood is real drink.

56Whoever eats my flesh and drinks my blood remains in me, and I in him.

37 Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me.

58This

is the bread that came down from heaven. Our forefathers ate manna, and died, but he who feeds on this bread will live forever."