

MATINS PROKEIMENON:

TONE 4

ARISE, O LORD, HELP US,  
ARISE, O LORD, HELP US,

AND REDEEM US FOR THY NAME'S SAKE.  
AND REDEEM US FOR THY NAME'S SAKE.

$\text{V.}$  O GOD, WE HAVE HEARD WITH OUR EARS, AND  
OUR FATHERS HAVE DECLARED IT UNTO US.